



# NIAGARA COUNTY COMMUNITY COLLEGE

## Health Studies, A.S.

### Overview

In the Health Studies program, students have the opportunity to explore diverse and controversial topics in health. Core topics include healthful living, drugs and society, community health, consumer health, sexuality, nutrition and foundations of health education and promotion.

*Designed for transfer into a 4-year institution.*

### Careers

Careers related to your program of study:

- Community and Public Health Education Specialist
- Health Education Specialist employed in agencies and foundations
- Wellness Coordinator in communities, schools and work sites

*Some careers may require more specialized education.*

### Contact

#### Program Coordinator

Brenda Simonson

716-614-6773

[bsimonson@niagaracc.suny.edu](mailto:bsimonson@niagaracc.suny.edu)

#### Division

Science, Health and Mathematics

716-614-6410

*Visit full catalog for specific course offerings for each semester:*

[www.niagaracc.suny.edu/programs/hed](http://www.niagaracc.suny.edu/programs/hed)

### Program Requirements

<b>First Semester</b>	<b>Credits</b>
CIS ____ - Computer Technology (100 or higher)	3
ENG 101 - Writing I	3
HED 201 - Healthful Living	3
HED 202 - Understanding Sexuality	3
PSY 110 - Introduction to Psychology	3
<b>Total Credit Hours:</b>	<b>15 Cr.</b>

#### Second Semester

ENG 102 - Writing II & Introduction to Literature	3
HED 205 - Nutrition & Health	3
HED 206 - Consumer Health OR	
HED 207 - Community Health	3
____ - Humanities General Education Elective	3
PSY 210 - Lifespan Developmental Psychology	3
SPE ____ - Basic Communication General Education Elective	3
<b>Total Credit Hours:</b>	<b>18 Cr.</b>

#### Third Semester

____ - General Education Elective (AH, OW)	3
ART 137 - Ancient to Gothic Art OR	
ART 138 - 14th to 19th Century Art	3
BIO 117 - Human Biology	4
BIO 117L - Human Biology Lab	0
HPE 130 - Foundations of Health Education	3
MAT ____ - Mathematics General Education Elective	3
<b>Total Credit Hours:</b>	<b>16 Cr.</b>

#### Fourth Semester

____ - General Education Elective by Advisement	3
____ - Foreign Language General Education Elective	3
HED 204 - Drugs and Society	3
REC 250 - Leadership	3
SOC 260 - Sociology of the Family	3
<b>Total Credit Hours:</b>	<b>15 Cr.</b>

*The information provided is subject to change throughout the academic year.*