



Student “Town Hall” Meeting Recording:

Here is the link to the Student “Town Hall” meeting in case you missed it on Thursday, October 1:
<https://www.youtube.com/watch?v=H0-M7b1Mpk&feature=youtu.be>

Registration & Records News:

Attention Students in an AA or AS Degree or Changing Their Major to an AA or AS Degree:

Graduation requirements for General Education appear below for entering students in Fall 2015 or later. This applies to AA or AS degrees only (AAS and Certificate students are NOT included). Students MUST earn 30 credits selected from the SUNY approved general education courses. These courses are posted on the college website under Academics, General Education. In addition, the 30 credit hours MUST include courses selected from the following areas:

- Basic Communication (required)
- Mathematics (required)
- Courses in 5 of the following 8 Knowledge and Skills areas
- American History
- Foreign Language
- Humanities
- Natural Sciences
- Other World Civilizations
- Social Sciences
- The Arts
- Western Civilization

Students will meet the two SUNY Competencies of Critical Thinking and Information Management by completing courses embedded throughout their major. If the student has not met the 30 credits of SUNY general education as listed above, he/she will NOT be allowed to graduate with an AA or AS degree. If you have any questions about your progress toward graduation, please contact your advisor.

Winter & Spring 2021 Course Offerings are now available on [Banner Web](#).

Current students in a degree or certificate program can schedule classes starting October 19. **Detailed information about registration will be sent to your T-Wolves Email soon!** Non-Matriculated students (not in a degree or certificate program) can schedule classes starting November 9th. Take advantage of this opportunity to create the best schedule for yourself!

[Current Student Registration](#)

[Non-Matriculated Student Registration](#)

[Important Dates](#)

Questions? Check out our [FAQ's](#)

Voter Registration Representatives at Sanborn and NFCI and Voting Information:

Are you registered to vote? Do you have questions about voting? Visit the Voter Registration tables at Sanborn or NFCI!

Sanborn Campus Dates in Front of Bookstore in G-Building: October 5 from 11:30am to 1:30pm and

NFCI Dates 1st Floor Atrium: October 7 from 2:30pm to 4pm

Pledge to Vote:

As part of the New York Votes Challenge, we want to encourage all of our students to pledge to vote in the upcoming election. Through [ALL IN to Vote](#), students can [Take the Pledge](#) and receive important reminders about the upcoming election directly to their email and phone. Make sure you fill in NIAGARA COUNTY COMMUNITY COLLEGE as your campus so we can keep track of N-Trip students pledging to vote.

Important Deadlines for VOTING (New York)

- **October 9:** Deadline to register to vote IN PERSON at elections office
- **October 9:** Deadline to register to vote BY MAIL (*postmarked no later than October 9 and received by elections office no later than October 14*)
- **October 14:** Deadline to update voting address (received by elections office no later than October 14)



- **October 24:** Early Voting STARTS
- **October 27:** Deadline to apply for an absentee ballot online, by email, fax, or postmarked application or letter (*it is strongly encouraged that you apply for an absentee ballot as soon as possible in order to avoid possible delays*)
- **November 1:** Early Voting ENDS
- **November 2:** Deadline to apply for an absentee ballot IN PERSON at elections office
- **November 3:** Deadline to postmark ballot (postmarked no later than November 3 and received by elections office no later than November 10)
- **November 3:** Deadline to deliver ballot IN PERSON at elections office or at any poll site

For more information: Visit [voter registration](#) and [absentee ballot](#) webpages.

Student Life Activities:

This Week at NCCC...

VOLUME 21, ISSUE 5 OCT. 5TH - OCT. 9TH 2020

<div style="background-color: #333; color: white; padding: 5px; text-align: center;">Monday, October 5th</div> <div style="text-align: center; padding: 10px;">  <p>Celebrate Hispanic Heritage Month with us...</p> <p>VIRTUAL OFFERING:</p> <p>WEEK OF 10/6: IMPORTANT CULTURAL CELEBRATIONS</p> </div> <div style="background-color: #333; color: white; padding: 5px; text-align: center;">Tuesday, October 6th</div> <div style="text-align: center; padding: 10px;">  <p>SNACK CAB</p> <p>Catch Miranda around campus at 11am and 1:30pm! Learn about Campus Activities Board and get free snacks!</p> </div> <div style="background-color: #333; color: white; padding: 5px; text-align: center;">Wednesday, October 7th</div> <div style="text-align: center; padding: 10px;"> <p>Please join us for our Virtual Employment Session on October 7th from 10:00am - 11:00am with:</p>  <p>Horizon HEALTH SERVICES</p> <p>During this presentation learn about why Horizon has been named a Best Place to Work for 12 years in a row and get an overview of all of their job openings. Please contact Career and Transfer Services Advisor, Casey Button at Cbutton@niagaracc.suny.edu or call 716-614-5957.</p> </div>	<div style="background-color: #333; color: white; padding: 5px; text-align: center;">Thursday, October 8th</div> <div style="text-align: center; padding: 10px;">  <p>Come join us & play bingo for your chance to win a gift card!</p> <p>Wear your favorite Pajamas to be entered to win a \$10 Subway gift card!</p> <p>2:30 pm ZOOM Meeting ID: 916 8838 4391</p>  </div> <div style="background-color: #333; color: white; padding: 5px; text-align: center;">Announcements!</div> <div style="text-align: center; padding: 10px;">  <p>National Coming Out Day</p> <p>October 13th 10am - 12pm Learning Commons</p> <p>Show your support to the LGBTQIA community and take the ALTY PLEDGE!</p> <p><i>I AM BIUM shirts will be available for purchase.</i></p> </div> <div style="text-align: center; padding: 10px;">  <p>It's Pumpkin Spice Season!</p> <ul style="list-style-type: none"> • DYK pumpkin spice is a mixture of seasonings consisting of cinnamon, nutmeg, ginger, and allspice? Yup, that's it! You can either make the seasoning blend at home or buy it in stores. • Add pumpkin spice seasoning to homemade muffins, morning coffee, oatmeal for a flavorful fall favorite! • Combine pumpkin puree and the pumpkin pie seasoning blend for a nutrient dense addition to your day. Pumpkin is packed with Vitamin A which acts as an antioxidant and supports eye health. </div>
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The Stall Street Journal is produced by the Office of Student Life (6243). If you would like to advertise your program, stop by the office of student life or email: jstjohn@niagaracc.suny.edu Forms are due on the Monday the week prior to the event. All COVID policies and procedures to be followed at events.

Campus Pantry is OPEN:

If you would like to place an order, please do so by 12pm Wednesday. All orders placed by 12pm Wednesday are eligible for pick up on Friday. Any orders placed after 12pm on Wednesday will be eligible for pick on the following Friday. Orders can be picked up on Fridays in Student Life G243. You may place your order here: <https://forms.gle/S8jeFPxpTxeH5mKVA>

Student Health 101: Campus Well Click below for the latest issue:

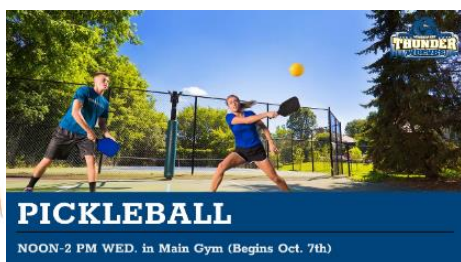


September 30, 2020

Intramural/Recreation:



ZUMBA
5 PM MONDAYS in H-115



PICKLEBALL
NOON-2 PM WED. in Main Gym (Begins Oct. 7th)



YOGA
5 PM WED. in H-115 (begins Oct. 7th)



DESIGNED FOR RESULTS

The F45 Challenge App offers daily workouts, nutrition advice, healthy recipes, goal tracking and the opportunity to participate in our health-oriented virtual 30-day challenge. The app includes a full library of on-demand workouts - including bootcamps, HIIT and recovery sessions. Updated daily, the workouts are available on-demand giving your team access to our fitness training when it's convenient for you. The workouts are fun, sweat-inducing and deliver results.

INSTRUCTIONS TO ACCESS OUR WORKOUTS

- STEP 1: Download the F45 Challenge App in the app store or go to [F45CHALLENGE.COM](https://www.f45challenge.com) and register.
- STEP 2: Click LET'S GO followed by I'M NEW TO F45.
- STEP 3: Register using your educational address.
- STEP 4: Enjoy the F45 Challenge App.



We are extremely excited to announce a virtual partnership with F45 Training. F45 Training is the HIIT, circuit based training system that is taking over the world. With over 2000 franchises sold worldwide, over 30 college partners, and Mark Whalberg as one of our investors and strategic partners — we are sure you will love the F45 Challenge portal along with millions around the globe.

The portal is 100% for free for all students, faculty and staff that use their @niagaracc.suny.edu or @mynccc.niagaracc.suny.edu email address to register, and will give access to on-demand workouts, meal plans, personalized calorie guides, results trackers and more! Simply go to www.f45challenge.com to register or download the F45 Challenge App from your device.

NCCC Fitness Center will be open 10 am to 6 pm Monday – Friday starting Monday October 5th. We will operate on a 12 person Max Capacity, with a 45 Minute Time Limit (First Come First Served). Full Facemasks (No neck gaiters) will be mandatory at all times while using the facility. We will NOT offer locker room or shower capabilities with the reopening. Users must sign in via paper & pen as well as present their student ID to the front desk to be logged in and out as well. Fitness Center Users must have completed a User Application at this link:

<http://form.jotformpro.com/form/52426703235955>

Please remember to practice safe social distancing and sanitize equipment after each use to ensure everyone's safety and to keep our facility open. We look forward to having people back in our Fitness Center. Contact Matt Oleski at moleski@niagaracc.suny.edu for information regarding any of the above activities or for more information regarding the Fitness Center.

Career & Transfer Services:

This week they will be hosting zoom sessions on [cover letter writing](#), [resume writing](#), and [setting up a LinkedIn profile](#).

[Sign up](#) for this week's upcoming transfer representative visits with:

Niagara University, Buffalo State College, St. Bonaventure University, SUNY Binghamton, University at Buffalo, or Villa Maria College

In-Person Transfer Visits:





Canisius College and Niagara University

Additionally, a Virtual Employment Session will be held with **Horizon Health Services** on October 7th, from 10:00am – 11:00am. [Sign up](#) to attend today! If you need further information, please contact Casey Button, Career & Transfer Services Advisor at Ext. 5957.



KEY DATES

October 2020

-  **October 12** – College Closed - Columbus Day
-  **October 16** – Scholarship Application Deadline
NCCC Scholarships (Spring 2021 Awards)
-  **October 19** – Current Student Advisement & Registration For Winter & Spring 2021 Begins
 - Check your T-Wolves email for your assigned advisement week
 - Schedule your **mandatory** advisement meeting with your advisor
 - Run your Degree Works degree evaluation
 - Register for classes early to avoid scheduling conflicts
-  **Week of October 20** – First Federal Pell/Loan Refunds Issued – Checks will be mailed – Is your correct address on file with the Registration & Records office (A201)?

Considering changing your major?

Not sure of your academic status?

Need help running your Degree Works evaluation?

Stop the Student Resource Center (A-144) or call 716-614-6290.

Career & Transfer Services offers one-on-one virtual and in-person transfer advisement with the college of your choice. Sign up at bit.ly/Transferservices. If you have any questions, contact Casey Button, Career & Transfer Services Advisor, at cbutton@niagaracc.suny.edu or call 716-614-5957.



OCTOBER IS

**domestic violence
awareness month**

***WHAT ARE ALL THOSE PURPLE
RIBBONS AROUND CAMPUS??***

The Wellness Center has placed Purple Ribbons on trees throughout campus. The Purple Ribbon is a sign of Courage and Hope for victims of Domestic Violence.

How many can you find??



Missed an issue of Weekly Wolf? Visit this website for past issues: <http://www.niagaracc.suny.edu/weeklywolf/>