



NIAGARA COUNTY COMMUNITY COLLEGE

Recreation Studies, A.S.

Overview

Exploration, leadership, and fitness make up the core of NCCC's Recreation Studies curriculum. Students will have a chance to use our state-of-the-art facilities such as a 2,500 square foot fitness center, two gymnasiums, dance studios, racquetball and squash courts, ample athletic fields, and classrooms equipped with health education technology. Our program also offers top notch internship opportunities with some of the biggest and best organizations in New York State.

Designed for transfer into a 4-year institution.

Careers

Careers related to your program of study:

- Corporate Fitness Supervisor
- Cruise Ship Events Specialist
- Eco Tourism Events Planner
- Outdoor Camp Counselor
- Recreation and Sport Facilities Manager
- Recreation Therapist
- Retirement Facility Recreation Coordinator
- University Recreation Program Administrator

Some careers may require more specialized education.

Contact

Program Coordinator

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Division

Nursing, Physical & Allied Health

716-614-5940

Visit full catalog for specific course offerings for each semester:

www.niagaracc.suny.edu/programs/rec

Program Requirements

First Semester	Credits
REC 200 - Foundations of Recreation	3
ENG 101 - Writing I	3
PSY 110 - Introduction to Psychology	3
___ ___ - Physical Education Elective	1
___ ___ - Physical Education Elective	1
___ ___ - Physical Education Elective	1
___ ___ - Foreign Language General Education Elective	3
Total Credit Hours:	15 Cr.

Second Semester

REC 250 - Leadership	3
ENG 102 - Writing II & Introduction to Literature	3
SPE 102 - Public Speaking	3
PHI 149 - Introduction to Philosophy	3
PSY 210 - Lifespan Developmental Psychology OR	
___ ___ - Business Elective	3
Total Credit Hours:	15 Cr.

Third Semester

REC 225 - Programming in Parks, Rec., Leisure Service	3
MAT 164 - Introduction to Statistics	3
BIO 117 - Human Biology	4
BIO 117L - Human Biology Lab	0
CIS 100 - Introduction to Computer Applications	3
___ ___ - History General Education Elective (OW)	3
Total Credit Hours:	16 Cr.

Fourth Semester

REC 275 - Recreation Field Placement	1
HPE 260 - Personal Trainer	3
PED 275 - Lifeguard Training with Advanced First Aid	3
ART 137 - Ancient to Gothic Art OR	
ART 138 - 14th to 19th Century Art OR	
MUS 100 - Exploring the Arts	3
___ ___ - History General Education Elective (AH)	3
PSY 250 - Abnormal Psychology OR	
___ ___ - Business Elective	3
Total Credit Hours:	16 Cr.

The information provided is subject to change throughout the academic year.