



# NIAGARA COUNTY COMMUNITY COLLEGE

## Massage Therapy, A.A.S.

### Overview

The field of Massage Therapy is a rapidly growing and highly diversified profession that includes valuable methods of healthcare, injury and rehabilitation treatment, athletic training support, and a wide range of spa services. This career path will provide students with the education to enter into the massage therapy profession.

### Careers

Careers related to your program of study:

- Chiropractic Office
- Cruise Ships
- Franchises (Massage Envy, etc.)
- Home Offices/ Professional Offices – Sole Proprietor
- Hospitals/Nursing Homes
- Massage Clinics
- On-site Chair Massage
- Palliative Care
- Physician's Office
- Spas, Salons and Resorts & Hotels
- Sports Teams/Health Clubs

*Some careers may require more specialized education.*

### Contact

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Program Coordinator

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### Division

Nursing, Physical and Allied Health

716-614-5940

*Visit full catalog for specific course offerings for each semester:*

[www.niagaracc.suny.edu/programs/mass](http://www.niagaracc.suny.edu/programs/mass)

### Program Requirements

#### First Semester

	<b>Credits</b>
BIO 213 - Human Anatomy and Physiology I	4
BIO 213L - Human Anatomy and Physiology I Lab	1
ENG 101 - Writing I	3
MAS 100 - Introduction to Massage Therapy	3
MAS 101/L - Western Massage Therapy I w/ Lab	3
MAS 102/L - Myology w/ Lab	3

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**Total Credit Hours: 17 Cr.**

#### Second Semester

BIO 214 - Human Anatomy and Physiology II	4
BIO 214L - Human Anatomy and Physiology Lab II	1
ENG 102 - Writing II & Introduction to Literature	3
MAS 103/L - Eastern Massage Therapy w/ Lab	3
MAS 104/L - Kinesiology w/ Lab	3
MAS 105/L - Western Massage Therapy II w/ Lab	3

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**Total Credit Hours: 17 Cr.**

#### Third Semester

BIO 215 - Neuroanatomy and Physiology	3
HED 214 - Advanced First Aid and CPR	2
MAS 203 - Health, Hygiene & Hydrotherapy	2
MAS 204/L - Pathology for Massage Therapists w/ Lab	3
MAS 205 - Massage Practicum I: Clinical Applications	2
PSY 110 - Introduction to Psychology	3

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**Total Credit Hours: 15 Cr.**

#### Fourth Semester

BUS 122 - Small Business Management	3
MAS 206 - Massage Practicum II: Clinical Applications	3
MAS 207/L - Expanded in Related Modalities w/ Lab	3
MAT 105 - Mathematics for Consumers OR	
MAT 164 - Introduction to Statistics	3
PSY 210 - Lifespan Developmental Psychology	3

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**Total Credit Hours: 15 Cr.**

*The information provided is subject to change throughout the academic year.*