



# NIAGARA COUNTY COMMUNITY COLLEGE

## Health Studies, A.S.

### Overview

In the Health Studies program, students have the opportunity to explore diverse and controversial topics in health. Core topics include healthful living, drugs and society, community health, consumer health, sexuality, nutrition and foundations of health education and promotion.

*Designed for transfer into a 4-year institution.*

### Careers

Careers related to your program of study:

- Community and Public Health Education Specialist
- Health Education Specialist employed in agencies and foundations
- Wellness Coordinator in communities, schools and work sites

*Some careers may require more specialized education.*

### Contact

#### Program Coordinator

Lynn Brochu  
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#### Division

Nursing, Physical & Allied Health  
716-614-5940

*Visit full catalog for specific course offerings for each semester:*

[www.niagaracc.suny.edu/programs/hed](http://www.niagaracc.suny.edu/programs/hed)

### Program Requirements

<b>First Semester</b>	<b>Credits</b>
CIS ___ - Computer Technology (100 or higher)	3
ENG 101 - Writing I	3
HED 201 - Healthful Living	3
HED 202 - Understanding Sexuality	3
PSY 110 - Introduction to Psychology	3
<b>Total Credit Hours:</b>	<b>15 Cr.</b>

### Second Semester

ENG 102 - Writing II & Introduction to Literature OR	
ENG 103 – Writing for STEM	3
HED 205 - Nutrition & Health	3
HPE 130 – Foundations of Health Education	3
___ ___ - Humanities General Education Elective	3
PSY 210 - Lifespan Developmental Psychology	3
___ ___ - Basic Communication Oral (COMO) General Education Elective	3
<b>Total Credit Hours:</b>	<b>18 Cr.</b>

### Third Semester

BIO 109/L – General Biology I OR	
BIO 117/L - Human Biology OR	
BIO 213/L - Human Anatomy & Physiology I OR	
BIO 214/L – Human Anatomy & Physiology II OR	
BIO 221/L – Microbiology	4
___ ___ - The Arts (ARTS) General Education Elective	3
___ ___ - US History & Civic Engagement (USCV) or World History & Global Awareness (GLBL) General Education Elective	3
MAT ___ - Mathematics & Quantitative Reasoning General Education Elective	3
HED 206 - Consumer Health OR	
HED 207 - Community Health	3
<b>Total Credit Hours:</b>	<b>16 Cr.</b>

### Fourth Semester

___ ___ - General Education Elective by Advisement	3
___ ___ - World Language General Education Elective	3
HED 204 - Drugs and Society	3
REC 250 - Leadership	3
SOC 101 - Introduction to Sociology	3
<b>Total Credit Hours:</b>	<b>15 Cr.</b>

*The information provided is subject to change throughout the academic year.*